Adolescents with dyslexia

Counselling and examples of good practice, experience from the Czech Republic
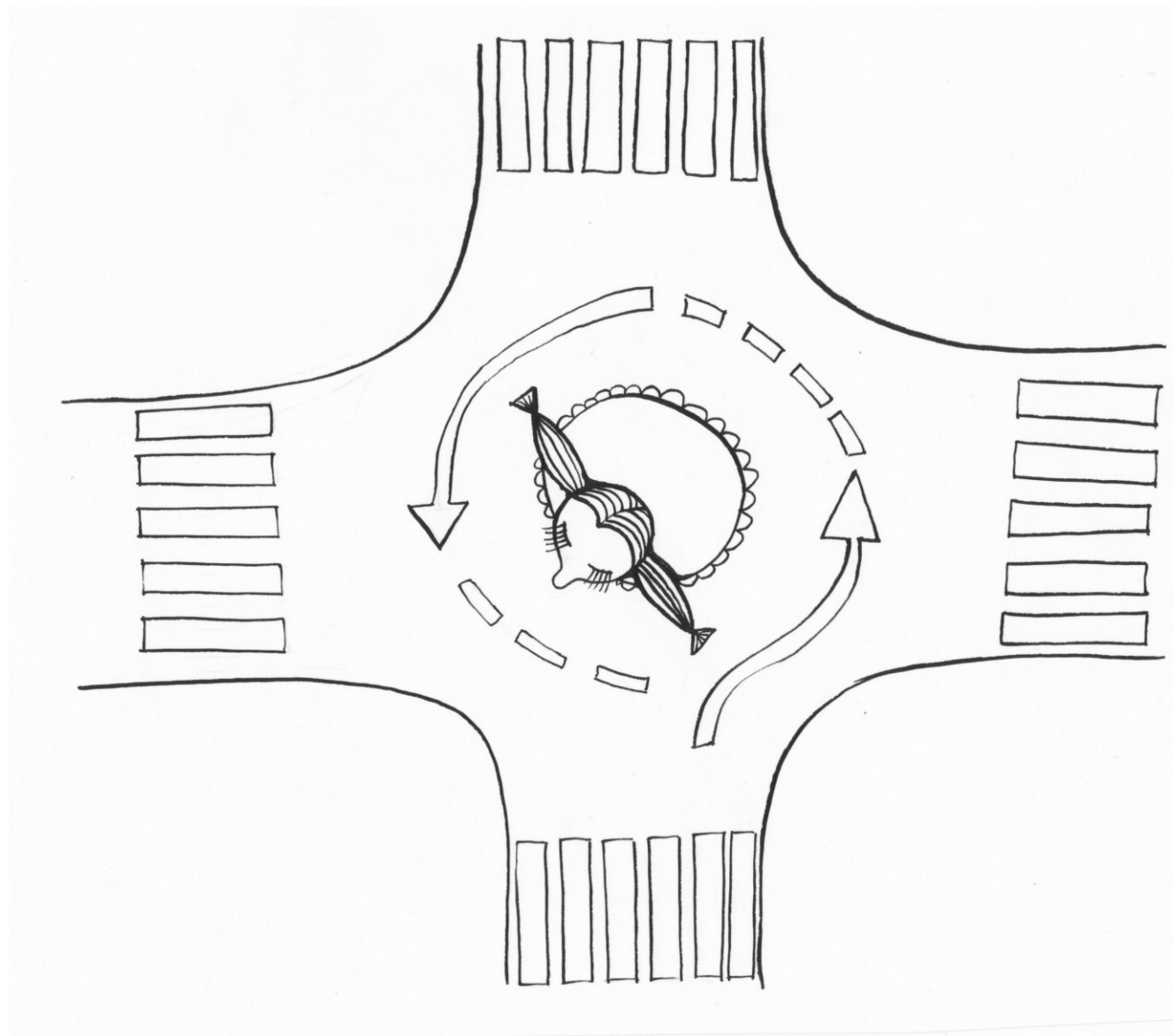
Lenka Krejčová

DYS-centrum Praha

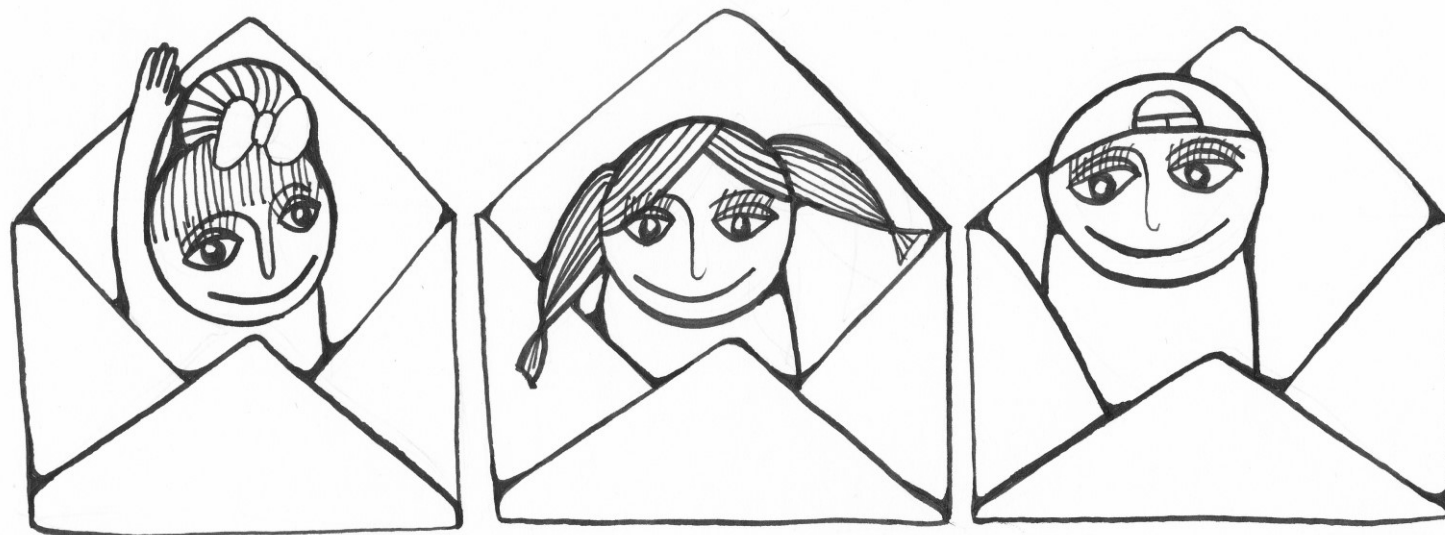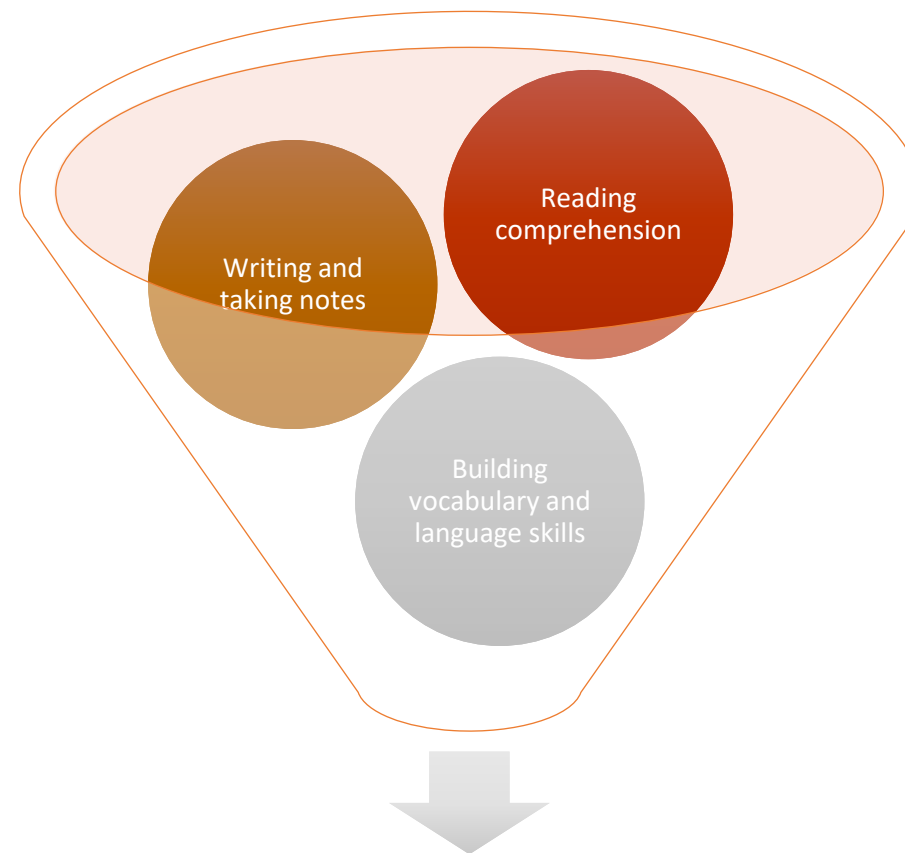**Dyslexia**

=

learning differently

Three areas of counselling

I. Training and remediation

II. Finding strengths

III. Use of support tools

I. Training and remediation
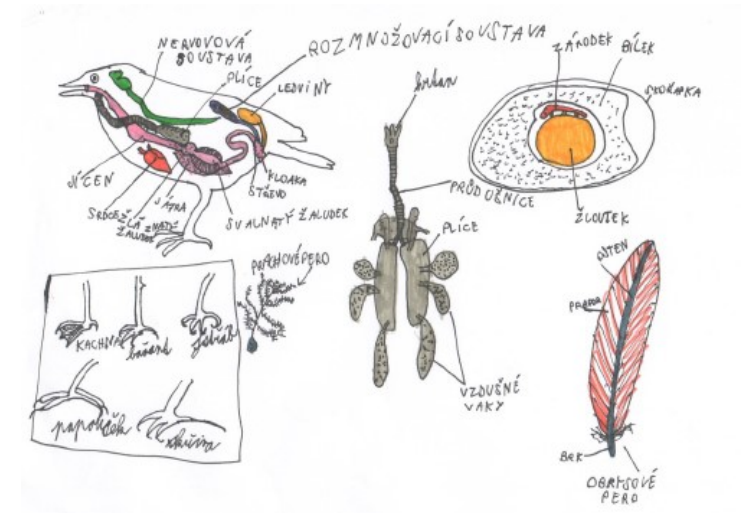
Writing and taking notes

Reading comprehension

Building vocabulary and language skills

Study and work strategies

II. Finding strengths

Alternative ways of processing information (metacognition, different modalities…)

III. Support tools

ICT
- TTS
- Audiobooks
- STT
- Apps
- …

DYS-centrum®
Praha
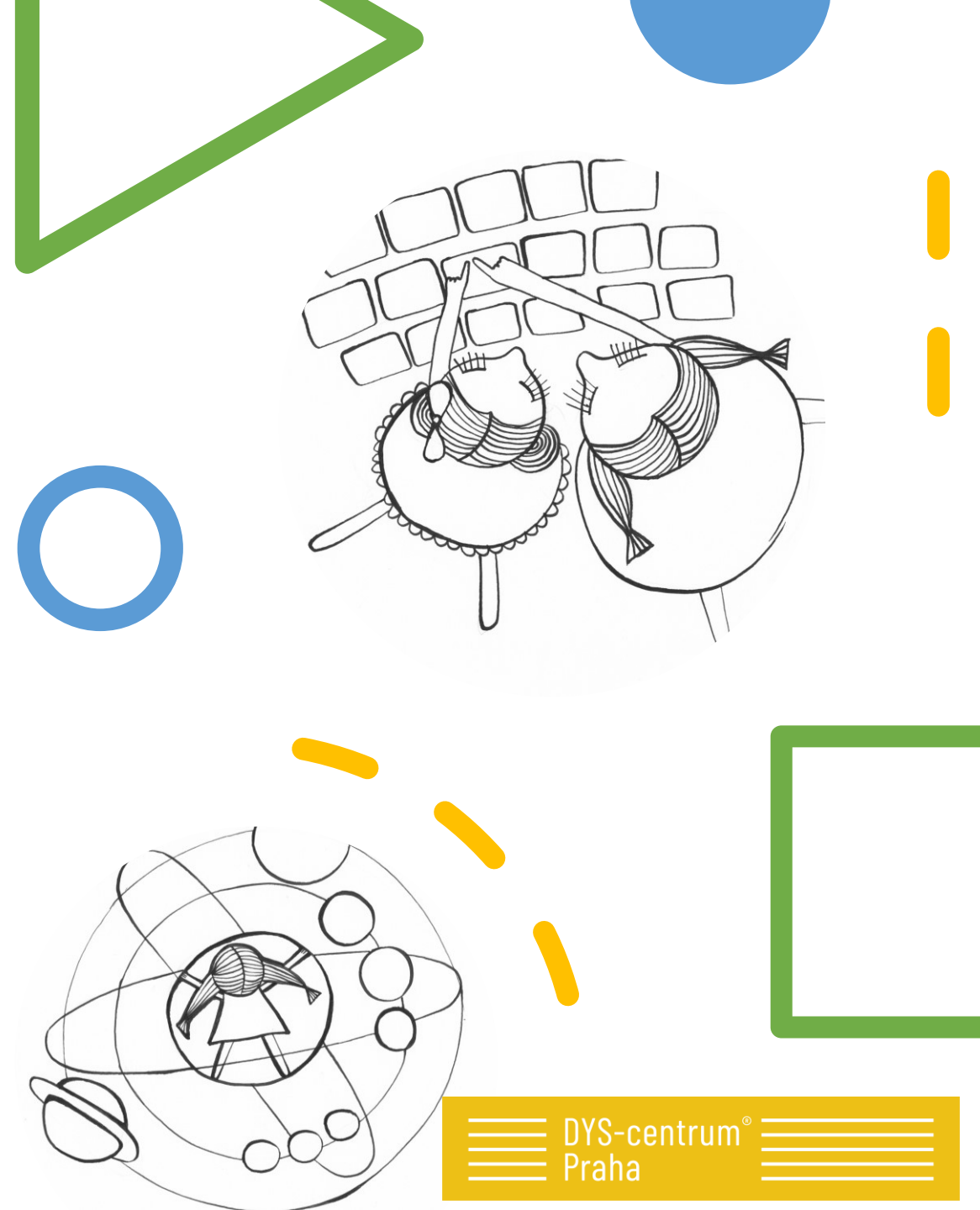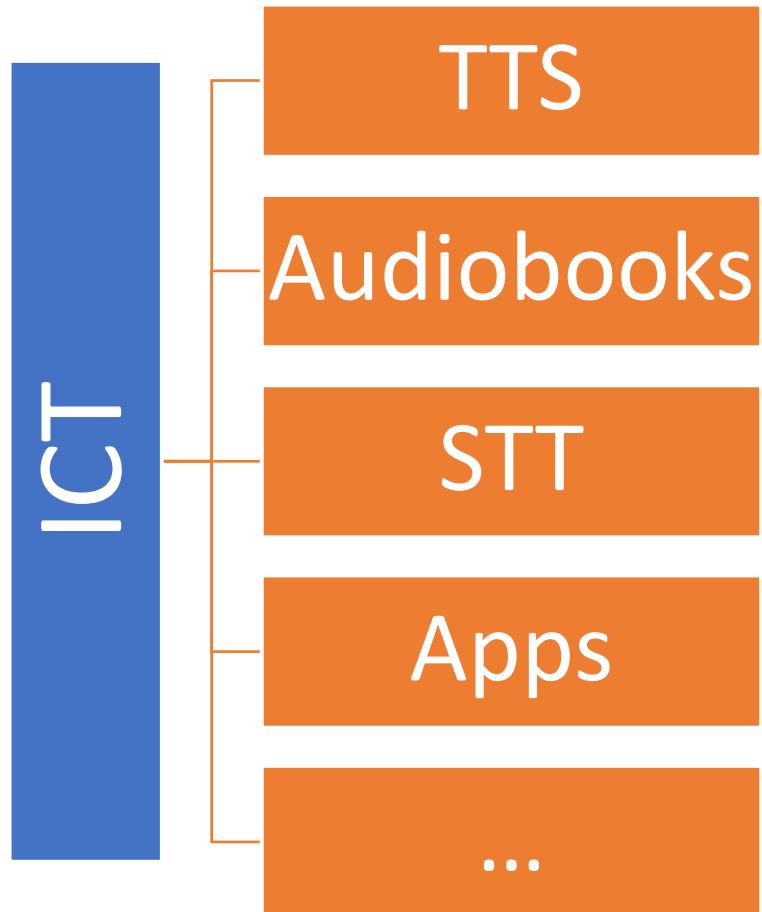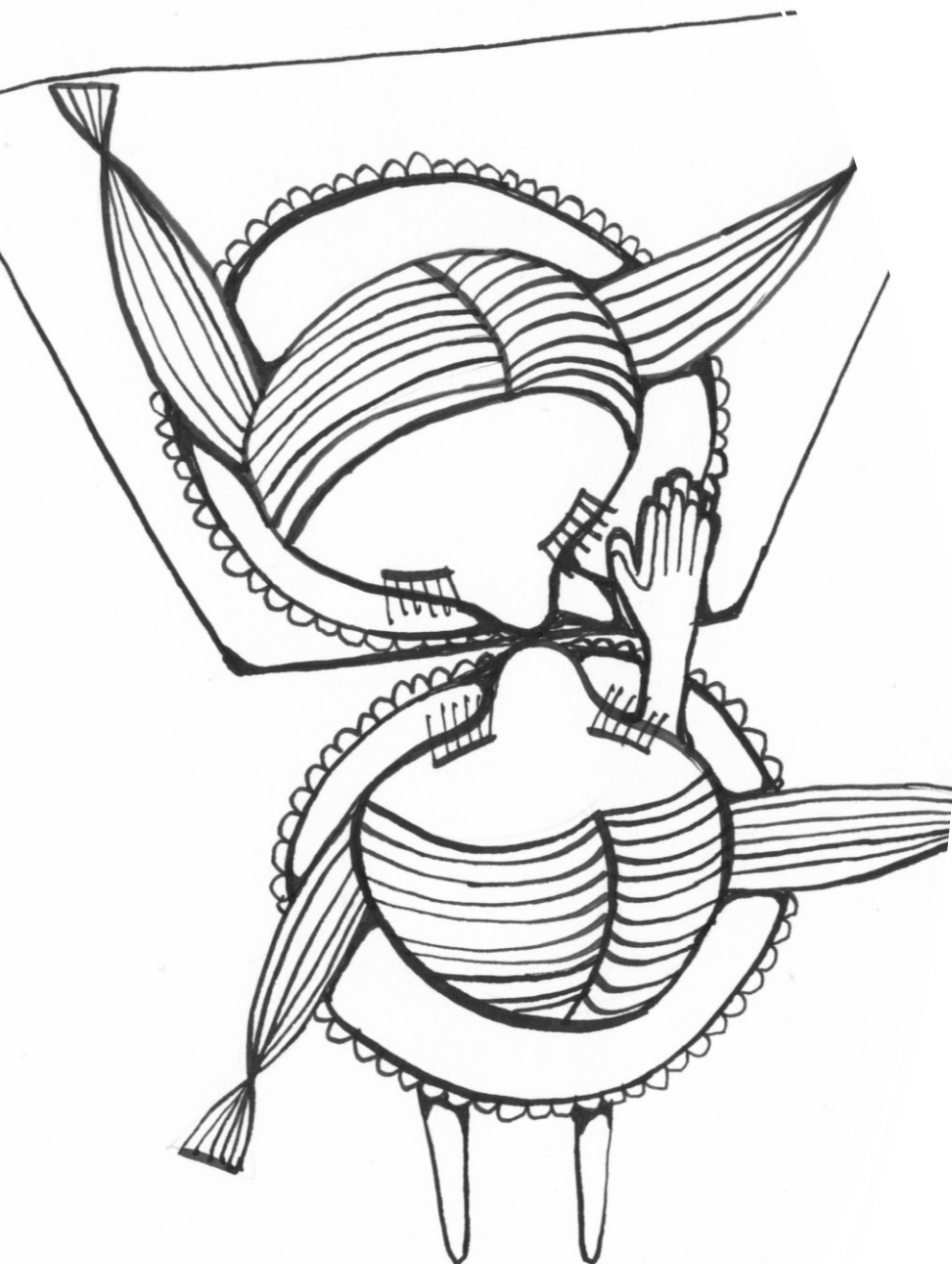
Emotional issues

- Building self-efficacy and self-esteem
- Self-advocacy and disclosure
- Understanding one-self

References

- Baddeley, A. (2007). *Working Memory, Thought, and Action*. New York: Oxford University Press.

- Buzan, T. (2013). *Myšlenkové mapy pro děti: rychlá cesta k úspěchu nejen ve škole*. Brno: Bizbooks.

- Elliot, J. G., & Grigorenko, E. L. (2014). *The Dyslexia Debate*. New York: Cambridge University Press.

- Feuerstein, R., Feuerstein, Ra. S., Falik, L., & Fand, Y. (2006). *Creating and Enhancing Cognitive Modifiability: The Feuerstein Instrumental Enrichment Program*. Jerusalem: ICELP Publications.

- Gathercole, S. E., & Alloway, T. P. (2008). *Working Memory and Learning: A Practical Guide for Teachers*. London, Thousand Oaks, Singapore: Sage Publications.

- Hargreaves, S. (Ed.). (2007). *Study Skills for Dyslexic Students*. London: Sage Publications.

- Kormos, J., & Smith, A. M. (2012). *Teaching Languages to Students with Specific Learning Difficulties*. Bristol: Multilingual Matters.

- Lovett, M. W., Lacerenza, L., De Palma, M., Benson, N. J., Steinbach, K. A. & Frijters, J. C. (2008). Preparing Teachers to Remediate Reading Disabilities in High School: What is Needed for Effective Professional Development. *Teaching and Teacher Education*, 24, 1083-1097.

- Moody, S. (2004). *Dyslexia: A Teenager's Guide*. London: Vermilion.

- Pettit, N. T., & Cockriel, I. W. (1974). A Factor Study of the Literal Reading Comprehension Test and the Inferential Reading Comprehension Test. *Journal of Literacy Research*, 6(1), 63-75.

- Reid, G. (2006). *Learning Styles and Inclusion*. London, Thousand Oaks, New Delhi: Sage.

- Smythe, I. (2010). *Dyslexia in the Digital Age: Making IT Work*. London, New York: Continuum Books.

- Snowling, M. J. (2000). *Dyslexia*. Malden, Oxford, Carlton: Blackwell Publishing.

- Vellutino, F. R., Fletcher, J. M., Snowling, M. J., & Scanlon, D. M. (2004). Specific Reading Disability (Dyslexia): What Have We Learned in the Past Four Decades? *Journal of Child Psychology and Psychiatry*, 45(1), 2-40.

DYS-centrum®
Praha